How many familial hypercholesterolemia (FH) patients are in your practice?

The FH Foundation’s FIND FH® Heat Map
Estimated Number of Individuals with Probable FH by Zip Code

Population Map
- Dark red: 2,120 to 18,631
- Medium red: 1,160 to 2,119
- Light red: 580 to 1,159
- Pale red: 230 to 579
- Lightest red: 0 to 229

FIND FH Lab & Claims Algorithm Developed by The FH Foundation
FIND FH is not screening or diagnosing FH. That is the sole responsibility of the health care provider.
Claims Data Source: IMS Health Real World Data: LRx longitudinal prescriptions and Dx medical claims

Find the FH patients in your practice
www.theFHfoundation.org/find-fh

Familial Hypercholesterolemia
underdiagnosed, undertreated, and life-threatening

The FH Foundation®
Familial Hypercholesterolemia (FH) is different.

An estimated 1 in 250 Americans (approximately 1.3 million) have FH.¹

FH is a life-threatening genetic disorder. Lifetime exposure to high LDL-C leads to aggressive atherosclerosis and early heart disease.²

Family screening is critical. FH is an autosomal dominant genetic condition.³,⁴

Early diagnosis and proactive treatment can normalize risk of coronary heart disease (CHD).¹

FH is a genetic condition that can be clinically diagnosed.

F + H = FH

Consider FH if a patient has:

FAMILY HISTORY OF PREMATURE CHD + HIGH CHOLESTEROL = FAMILIAL HYPERCHOLESTEROLEMIA

Family history of premature CHD by age 50 in men and age 60 in women²,⁵,⁶

High LDL-cholesterol 190 mg/dL in an adult / 160 mg/dL in a child²,⁶

FH Diagnosis mobile app helps screen for FH.

The FH Diagnosis App simultaneously calculates the Dutch Lipid, MEDPED, and Simon Broome FH diagnostic criteria, making it fast and easy to screen individuals for FH.

Download the FH Diagnosis App today for free at the App Store:

Scan to download app
90% of individuals with FH are undiagnosed.

The machine-learning FIND FH algorithm analyzes medical and insurance records to identify probable FH patients with profiles consistent with FH.

- HIPAA compliant.
- Over 350 variables evaluated across 200 million Americans with or at risk for cardiovascular disease.
- Visit www.theFHfoundation.org/find-fh to find the FH patients in your practice.

FH requires aggressive lipid management.

According to the American Heart Association scientific statement on FH, individuals with FH require early, aggressive and lifelong therapeutic medical intervention, as well as management of other risk factors. 7

Family Screening is critical.

According to the Centers for Disease Control and Prevention (CDC), cascade screening using cholesterol testing with or without DNA analysis should be conducted on relatives of affected persons with FH in order to identify previously unknown cases of FH and provide those people with life-saving treatment. 4,8
Support your patients.
FREE patient education resources are available through our website, and can be ordered in nine different languages.

CASCADE FH* Registry
The only national registry of FH patients in the United States.
www.theFHfoundation.org/fh-research/registry

Thank you for joining healthcare providers, researchers and government agencies to turn the tide against FH.

The FH Foundation
The FH Foundation is a patient-centered non-profit organization dedicated to research, advocacy, and education of all forms of familial hypercholesterolemia (FH). Our mission is to raise awareness and save lives by increasing the rate of early diagnosis and encouraging proactive treatment.

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